

Rugby High School Track & Field Results
CENTRAL NORTH DAKOTA CONFERENCE
Fessenden, ND – Tuesday, May 8, 2018

100 Meter Dash

Kristina Brossart - 12.57 - 1st place - **SQ**
Anna Clements - 14.47
Bella McCabe - 15.05
Lauren Casavant - 15.81

200 Meter Dash

Kristina Brossart - 27.07 - 1st place
Brooke Senger - 29.57
Bella McCabe - 31.91
Lauren Casavant - 34.43

400 Meter Dash

Anni Stier - 1:01.50 - 1st place - **SQ**
Kristina Brossart - 1:05.03 - 6th place
Tristin Lunde - 1:06.06 - 8th place
Brooke Senger - 1:08.32

800 Meter Run

Mykell Heidlebaugh - 2:40.06 - 5th place
Karsyn Hager - 2:50.94

1600 Meter Run

Mykell Heidlebaugh - 6:07.29 - 2nd place
Karsyn Hager - 6:15.20 - 4th place
Ellie Duchscherer - 6:16.04 - 5th place
Amber Schmaltz - 6:24.63 - 6th place

3200 Meter Run

Amber Schmaltz - 14:18.75 - 4th place
Dessa Denich - 15:22.68 - 5th place
Braelynn Oppen - 17:10.91 - 6th place

100 Meter Hurdles

Maria Blessum - 16.77 - 1st place
Bella McCabe - 19.07 - 6th place
Emily Salwey - 19.09 - 7th place
Anna Clements - False Start

300 Meter Hurdles

Anni Stier - 48.99 - 1st place
Anna Clements - 58.00 - 8th place
Bella McCabe - 58.33
Emily Salwey - 59.23

Long Jump

Brooke Blessum - 15'9¼" - 1st place
Sara Stier - 15'1½" - 2nd place
Kelly Swanson - 14'3" - 4th place
Lauren Casavant - 11'6"

Triple Jump

Sara Stier - 33'3" - 1st place
Kelly Swanson - 31'2" - 3rd place
Lauren Casavant - 26'9½" - 8th place

High Jump

Brooke Blessum - 4'11" - 1st place
Karsyn Hager - 4'3" - 3rd place tie
Sara Stier - No Height
Emily Salwey - No Height

Pole Vault

Maria Blessum - 9'6" - 1st place - **SQ**
Brooke Blessum - 7'6" - 2nd place
Kelly Swanson - 7'0" - 3rd place
Anna Clements - 6'0" - 4th place

Shot Put

Maddie Uhlenkamp - 33'9" - 1st place
Whitney Gronvold - 30'10" - 5th place
Tessa Sobolik - 25'0"
Lauren Voeller - 24'11"

Discus

Maddie Uhlenkamp - 119'9" - 1st place - **SQ**
Whitney Gronvold - 80'11"
Tessa Sobolik - 75'1"
Lauren Voeller - 54'0"

Javelin

Maddie Uhlenkamp - 102'4" - 3rd place
Whitney Gronvold - 88'0" - 6th place
Tessa Sobolik - 70'8"

4 x 100 Meter Relay

Brooke Senger(13.52)
Anni Stier(13.38)
Sara Stier(13.73)
Kelly Swanson(14.00)
54.63 - 3rd place

4 x 200 Meter Relay

Maria Blessum(27.14)
Anni Stier(28.11)
Brooke Blessum(27.60)
Kristina Brossart(27.86)
1:50.71 - 1st place - **SQ**

4 x 400 Meter Relay

Tristin Lunde(1:04.06)
Mykell Heidlebaugh(1:09.57)
Ellie Duchscherer(1:07.49)
Brooke Senger(1:09.32)
4:30.44 - 3rd place

4 x 800 Meter Relay

Ellie Duchscherer(2:39.01)
Karsyn Hager(2:41.70)
Mykell Heidlebaugh(2:38.70)
Tristin Lunde(2:32.74)
10:32.15 - 2nd place

GIRLS TEAM SCORES

1. Rugby - 243½
2. Harvey/Wells County - 127
3. New Rockford-Sheyenne - 71
4. Benson County - 57½
5. Northern Lights - 46
6. Rolette/Wolford - 43
7. Velva/Drake-Anamoose - 34
8. Central McLean - 29
9. Surrey - 21
10. Glenburn - 17
11. Dunseith - 13
12. South Prairie - 9